

Preserve family memories



TIPSheet

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Spiritual Legacies

Our deeply held faith and values are profoundly sacred to us. They provide our lives with meaning and purpose and point the way to love those around us.

My father's heirloom legacy book includes sweet photos from his childhood, dressed in a cute black velvet suit my grandmother made for him to wear on Sundays. Unfortunately, I will never know my grandmother's spiritual values because no one preserved them. She left the Methodist Episcopal denomination to become a Christian Scientist. I'll never know why, though I sure would like to understand. Meanwhile, my grandfather, a Baptist, never went to church. Why not?

What beliefs guided their choices? How did their values affect the way they raised my father?

Your children and grandchildren probably will wonder the same things about you and your parents, especially if no one makes the time to create a Spiritual Legacy to pass along their rich faith to coming generations.

Creating Spiritual Legacies can be a fun and inspiring project to enjoy in a small group setting within your house of worship. A meaningful book can be written in only a few hours. It can include a variety of heartfelt stories, such as initiation rituals into your religious tradition, favorite portions of sacred texts, and an uplifting answer to prayer.

Don't worry about writing skill. Bill Stout said it well: "Dare to say what you want most to say, and say it as plainly as you can. Whether or not you write well, write bravely." Your descendents will cherish your loving efforts.

If you are interested in offering such a workshop at your community of faith, please contact Heidi for a free consultation, or view samples at preservefamilymemories.com/spirituallegacy.aspx.

Happy writing,

Heidi

Honor your loved ones with a beautifully written tribute about their lives

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